

Hiking REQUIREMENTS

- **Register with the listed hike leader not more than one week in advance, between the hours of 9:00 am & 5:00 pm.**
- ***Use email sign-up for hikes with hike leaders with whom you have previously done a hike of the same difficulty. Under other circumstances please phone the hike leader.***
- Bring proper hiking gear, i.e., boots, windbreaker/rain gear, gloves, hat, sunscreen, etc., 1-4 quarts of water and whatever else the hike leader asks you to bring.
- **Good hiking boots are mandatory.**
- Please notify the hike leader if you cannot make a hike for which you have registered.
- Remember to be punctual at the meeting place or you will be left behind.
- If you choose not to finish a hike, you must sign out. Carry emergency contact information.

NFAP: A National Forest Adventure Pass (NFAP) is required on some hikes. A NFAP may be purchased at the BLM Visitors Center on Hwy 74, at all Big 5 Sporting Goods, or any National Forest Ranger Station. The National Park Service's Golden Age Passport or Golden Eagle Passport is accepted in National Forests in lieu of a NFAP.

CARPOOLING: Ride sharing is required for some hikes. The suggested contribution is \$1.00/per 10 miles to be given to the driver for gas, cleaning and maintenance of the vehicle.

MEMBERSHIP: To become a member, mail a completed application (form available on club website), and a check to the club at the club address. \$10 per year for an individual or \$15 per year for a family (2 or more adults living in the same home). Renewals are due on January 1 to cover the new calendar year. PayPal is now an online option to make payments.

NON-MEMBERS: Guests are charged a \$5 guest fee per person per hike.

HIKING LEVELS: Hikes in the schedule to the left are defined as "easy", "moderate", and "strenuous" depending on the distance hiked and elevation gained/lost. Distance in miles represents total distance to be travelled from beginning to end of the hike.

- **EASY:** 0-500 ft. accumulated elevation gain; typically 3-6 miles.
- **MODERATE:** 500-1800 ft. accumulated elevation gain; typically 6-10 miles.
- **STRENUOUS:** 1800-5000 ft. accumulated elevation gain; typically longer than 8 miles.

NOTES:

Rock scrambling or difficult footing may upgrade the difficulty level of a hike. Depending on your personal fitness level any hike may feel different than its defined level

Hiking with Dogs: No dogs are allowed on hikes unless the hike specifically allows it. For more information on where dogs may be taken on trails, please check the [2014 Trails Plan draft revision](#) that contains the current authorized dog trail use information