

Hiking REQUIREMENTS

- **Register with the listed hike leader not more than one week in advance, between the hours of 9:00 am & 5:00 pm.**
- ***Use email sign-up for hikes with hike leaders with whom you have previously done a hike of the same difficulty. Under other circumstances please phone the hike leader.***
- Bring proper hiking gear, i.e., boots, windbreaker/rain gear, gloves, hat, sunscreen, etc., 1-4 quarts of water and whatever else the hike leader asks you to bring.
- **Good hiking boots are mandatory.**
- Please notify the hike leader if you cannot make a hike for which you have registered.
- Remember to be punctual at the meeting place or you will be left behind.
- If you choose not to finish a hike, you must sign out. Carry emergency contact information.

NFAP: A National Forest Adventure Pass (NFAP) is required on some hikes. A NFAP may be purchased at the BLM Visitors Center on Hwy 74, at all Big 5 Sporting Goods, or any National Forest Ranger Station. The National Park Service's Golden Age Passport or Golden Eagle Passport is accepted in National Forests in lieu of a NFAP.

CARPOOLING: Ride sharing is required for some hikes. The suggested contribution is \$1.00/per 10 miles to be given to the driver for gas, cleaning and maintenance of the vehicle.

MEMBERSHIP: To become a member, mail a completed application (form available on club website), and a check to the club at the club address. \$10 per year for an individual or \$15 per year for a family (2 or more adults living in the same home). Renewals are due on January 1 to cover the new calendar year. PayPal is now an online option to make payments.

NON-MEMBERS: Guests are charged a \$5 guest fee per person per hike.

HIKING LEVELS: Hikes in the schedule to the left are defined as "easy", "moderate", and "strenuous" depending on the distance hiked and elevation gained/lost. Distance in miles represents total distance to be travelled from beginning to end of the hike.

- **EASY:** 0-500 ft. accumulated elevation gain; typically 3-6 miles.
- **MODERATE:** 500-1800 ft. accumulated elevation gain; typically 6-10 miles.
- **STRENUOUS:** 1800-5000 ft. accumulated elevation gain; typically longer than 8 miles.

NOTES:

Rock scrambling or difficult footing may upgrade the difficulty level of a hike.

Depending on your personal fitness level any hike may feel different than its defined level

Pace of the hike could also make any hike feel different than its defined level.

Hiking with Dogs: No dogs are allowed on hikes unless the hike specifically allows it. For more information on where dogs may be taken on trails, please check the [2014 Trails Plan draft revision](#) that contains the current authorized dog trail use information